

THE TRAUMA-INFORMED PROFESSIONAL & CLIENT



The Canadian Cannabis Dispute Resolution Centre, www.cannabisdispute.ca and CanaQuest Medical Corp, www.canaquest.com are pleased to offer an interactive workshop for both Professionals and Clients on navigating through the workplace with a Trauma Informed Lens.

You don't need a background in counselling or therapy to become trauma informed. Trauma Informed means you are aware of the impact trauma has on the brain and the body in different environments.

In this workshop you will learn what a trauma response is, the language of trauma informed communication and will develop a set of strategies to support yourself and persons who may be experiencing a trauma related response. These skills can be applied in the workplace setting when faced with issues such as the use of recreational or medicinal cannabis to address disabilities; accommodations; and return-to-work matters.

Read more on page 2.

"In the middle of difficulty lies opportunity."
- Albert Einstein



SHIFT YOUR PARADIGM. BUILD HEALTHIER WORKPLACES. BECOME TRAUMA-INFORMED.



Instructor: Treena Reilkoff, BA, BSW, Q.Med, PHSA, WFA

Treena Reilkoff is a Trauma Informed Qualified Mediator, Trainer and Facilitator with the ADR Institute of Canada and Canadian Cannabis Dispute Resolution Center (CCDRC). She has over 25 years of working in the fields of ADR, mental health, workplace disputes, workplace health and safety and human rights. Her fundamental pillars of dispute resolution are trauma informed lens, neutrality, unbiased and anti-oppressive practices that promote strategies for optimizing resiliency.

She has experience working in diverse, complex, high risk, safety sensitive environments and recognizes how trauma and environmental contexts can influence the mediation/facilitation process. She can tailor her mediation, facilitation, coaching and training to the clients needs and environmental context. Read more on page 2.

Date: November 4, 2021

Time: 9-11:30am CST

Cost: \$170.00 CDN

Trauma Develops in Many Ways

Cannabis has been a part of traditional health practices around the world for centuries. Cannabis is being sought more often by persons who have experienced trauma and have disabilities as an alternative choice to pharmaceuticals. Within the workplace, there is a stigma correlated with mental health and cannabis. A trauma-informed approach can facilitate maintaining a safe and neutral environment for the individuals involved in Workplace Conflict, Accommodations, Return To Work and the professional role you are in.

Becoming trauma-informed is a proactive, risk mitigation strategy to gain a better understanding of the impact of trauma on systems and individuals within your professional environment and contribute to creating a psychologically health and safe workplaces.

Registration can be made by contacting treena@cannabisdispute.ca or through the CCDRC website at www.cannabisdispute.ca

More about the Instructor:

Treena's unique credentials include being certified as a Psychological Health and Safety Advisor, Workplace Fairness Analyst & Workplace Restoration, Certified Resiliency Trainer, Civil Mediator and Certified in Critical Incident Stress Management. Treena has worked with people from various ethnic, cultural, and socio-economic backgrounds, including first responders and military/veteran personal. She has lived and worked in five provinces across Canada, thus her experience in various organizations and communities includes the private and public sector, criminal justice system, educational institutions, health care, non-profit associations and within indigenous communities.

Treena has her Executive Certification in Conflict Management, Bachelor of Social Work (clinical speciality) and Bachelor of Arts. Treena is the Founder of TLR Solutions4Conflict and is Director on the Board for the Alternative Dispute Resolution Institute of Ontario.

